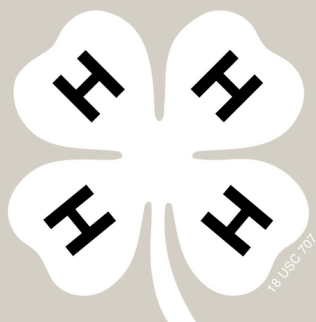


Hockley Co.

NEW

EDITION 7 ● 3RD JULY, 2023 ● 4-H TODAY



CALENDAR OF EVENTS



July 2023

July 10th | District Record Book
Due to Extension Office

July 13th | District Record Book
Judging

July 10th | 3D Archery
Registration Opens

July 21st | 3D Archery
Registration Closes

July 29th | District 3D Archery
Contest

WANT TO BE A VOLUNTEER BUT DON'T KNOW WHERE TO START?

Project Leader

Provides leadership and guidance for a specific project. Producing structured learning experiences. An example of this would be organizing a Fashion project and setting up activities for the youth in the project.

Club Manager

Works closely with 4-H club officers and provides leadership for the club. Serving as a liaison between club officers, members, and the County Extension Office. For instance, working with a group of youth officers to plan and carry out club meetings and activities.

Parent Volunteer/ Activity Leader

Assists with setting up for meetings or activities. This is on a short-term basis, or as needed. For example, someone who wants to help with an activity or event but cannot commit long-term.

If you are interested in becoming a Hockley County 4-H volunteer or want to know more information contact Tristyn.

DISTRICT RECORDBOOKS

Well we made it through County Recordbook Judging! For books advancing to District they will need to be back to the Extension Office By **July 10th**. We still have Record Book covers here at the office if you are needing one.

Recordbooks will be judged at the District level on July 13th.

D2 SUMMER CONTEST & REGISTRATION DATES

Record Book – July 13th
3D Outdoor Archery – July 29th

SUMMER SAFETY TIPS

With the start of summer here a few tips to keep you cool and safe during these hot months.

Protect your Skin!

It is important to apply sunscreen anytime you are headed outdoors. it is recommended for kids to wear at least 15 to 50 SPF. Remember to reapply every 2 hours or after swimming, sweating or toweling off, and consider wearing sun protection clothing for an added barrier.

Hydrate, Hydrate, Hydrate

In this heat it is important that you are staying hydrated. Try to stay away from sodas, energy drinks, and fruit juices. These types of drinks

can worsen your dehydration. Water is your best friend! Always have a reusable bottle filled with water on you.

Healthy Eating

While eating ice cream and candy all summer sounds fun you need to fuel your body with healthy foods to keep you going. Check out Dinner Tonight for healthy summer snacks and meals to keep you fueled through the summer!

<https://dinnertonight.tamu.edu/recipes/>

Don't Overdo It

Kids should take breaks when playing outside, it is recommended to take a break every 30 minutes. You can do this by sitting in the shade or inside an air-conditioned building. This would be a great time to hydrate and have a healthy snack from Dinner Tonight's recipes.

Helmet Safety

Whether you are riding your bike or in a ATV it is important to always wear a properly fitted helmet. Helmets help to decrease the risk of head injury by 85%. This is a great time to check your helmet to make sure it properly fits. Always wear or have reflective gear if you are riding at dusk or in the dark. The next time you are on an ATV, riding a bike, rollerblading, skateboarding, or on a scooter make sure you have the proper protective gear.



Community Service Projects



As you have probably heard, Matador was hit by a tornado and needs our help. This is a list of supplies they are needing. I have heard that they have been blessed with a lot of supplies but in the later weeks to come they will need more. There are GoFundMe pages set up to help families in need. If you are wanting to donate to a Go Fund me are create your own big account let us know at the Extension office and we can put you in contact with the right people.

A few other things that are needed:

- PRAYERS
- Snacks
- Gloves
- First aid kits
- Flashlights
- OTC meds
- Or anything else you feel would be needed.



This months item is... **Cans of Chili!**

You can drop off your items at any of these location:

FIRST BANK & TRUST | CITY BANK

COLLEGE AVE. ANIMAL CLINIC

CHAMBER OF COMMERCE

LISD ADMINISTRATION | ALL LISD

CAMPUSES

TRICARE MEDICAL

SUMMER COMMUNITY SERVICE PROJECT IDEAS

Are you looking to help your community this summer? Here are some community service ideas you can do this summer! If you need help or want to make other 4-H'ers aware of your project contact Tristyn.

- Pick up trash at local playgrounds, parks, schools, churches, etc.
- Teach computer skills to seniors
- Volunteer to read books to kids at the library
- Volunteer at a soup kitchen
- Collect canned goods for a food pantry
- Walk dogs at the animal shelter
- Play games with residents at a nursing home
- Donate unwanted clothes, toys, books, etc.
- Volunteer to deliver meals to seniors
- Start your own project or fundraiser to benefit a cause that's important to you!

Hockley Co. 4-H Results

TEXAS 4-H STATE OUTDOOR CHALLENGE - LONE ACRES RANCH

5th Place Team

Kade Gregory & Braxton Vinson



2023 TEXAS 4-H STATE ROUNDUP

TEXAS 4-H FOUNDATION SCHOLARS

Fort Worth Stock Show & Rodeo

Tyler Chase

Davidson Foundation

Caden Crenshaw



SALUTE TO EXCELLENCE

Juli Wood



ENTOMOLOGY ID

5th Place Team

Trace DeArmond, Blake Houston, Ryan Jenerette

9th Place Individual

Blake Houston



Hockley Co. 4-H Results

SOIL JUDGING

5th Place Team

Caden Crenshaw, Ethan Parkinson, Tucker Parkinson,
Carson Wood

9th Place Individual

McKinley Tucker



LIVESTOCK JUDGING

5th Place Team

Trace DeArmond, Ethan Parkinson, Tucker Parkinson,
McKinley Tucker

5th Place Swine Team

Trace DeArmond, Ethan Parkinson, Tucker Parkinson,
McKinley Tucker

3rd Place Sheep and Goat Team

Trace DeArmond, Ethan Parkinson, Tucker Parkinson,
McKinley Tucker

5th Place Overall Individual

Trace DeArmond

Reserve Sheep and Goat Individual

Trace DeArmond

4th Place Swine Individual

Trace DeArmond



**Congratulations to all of our participants,
way to represent Hockley Co. 4-H!!**

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